



Monday

Tuesday

Wednesday

Thursday

Friday

LEAF Daily Schedule

7:30—9:30 am Breakfast/ Indep. Act.
 9:45 am Orientation
 10:00 am Music
 11:00 am Activity
 12:00 pm Lunch/Rest

LEAF Daily Schedule

1:30 pm Exercise/Walking
 2:00 pm Reminisce Corner
 2:30 pm Activity
 3:30 pm Snack
 4:00 pm Van Load & Departure

1 Chicken Pot Pie

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Carrot Top Fern
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Thanksgiving Charades
 3:30 pm— Snack
 4:00 pm— Departure



2 Herbed Baked Chicken

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Yarn Balls
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Yarn Balls
 3:30 pm— Snack
 4:00 pm— Departure



3 Pot Roast

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Potato Stamps
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Bingo
 3:30 pm— Snack
 4:00 pm— Departure



6 Chicken Parmesan

Beautician

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Bicycle Wreath
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Bicycle Wreath
 3:30 pm— Snack (Nachos)
 4:00 pm— Departure



7 Meatballs & Gravy

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Autumn Pinecone Welcome
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Pinecone Welcome
 3:30 pm— Snack
 4:00 pm— Departure



8 Hot Dog

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Fabric Pumpkins
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Fabric Pumpkins
 3:30 pm— Snack
 4:00 pm— Departure



9 Teriyaki Chicken

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Sweet Potato Houseplant
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Serving Up Thanksgiving
 3:30 pm— Snack
 4:00 pm— Departure



10 BBQ Pork Sandwich

Manicurist

9:45 am— Fun Facts & Trivia
 10:00 am— Music
 11:00 am— Bird Feeders
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Bird Feeders
 3:30 pm— Snack
 4:00 pm— Departure



13 Meatloaf ***Dementia Support Group***

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Cereal Box Scarecrows
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Cereal Box Scarecrows
 3:30 pm— Snack
 4:00 pm— Departure



14 Oven Roasted Chicken ***Beautician***

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Minister Gunn
 12:00 am—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Price Is Right: Thanksgiving Edition
 3:30 pm— Snack
 4:00 pm— Departure



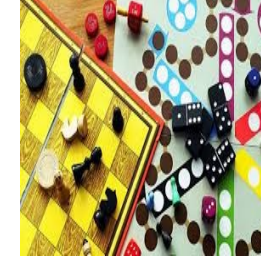
15 Glazed Baked Ham

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Jewelry Making
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Jewelry Making
 3:30 pm— Snack
 4:00 pm— Departure



16 Turkey Tetrazzini

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Game Day
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Movie
 3:30 pm— Snack
 4:00 pm— Departure



17 Pot Roast & Gravy

9:45 am— Fun Facts & Trivia
 10:00 am— Intergenerational Story Time
 11:00 am— Music
 12:00 pm— Thanksgiving Luncheon
 4:00 pm— Departure



20 Hamburger ***Beautician***

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Kitchen Art
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Junk Drawer Detective
 3:30 pm— Snack
 4:00 pm— Departure



21 Baked Spaghetti

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Winter Wreath
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Winter Wreath
 3:30 pm— Snack
 4:00 pm— Departure



22 Beef Pot Pie ***Book Mobile***

9:45 am— Fun Facts & Trivia
 10:00 am— Book Mobile
 11:00 am— Music
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Nurse Talk
 3:30 pm— Snack
 4:00 pm— Departure



23 **CLOSED FOR THANKSGIVING**

24 **CLOSED FOR THANKSGIVING**



27 Smothered Chopped Steak

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Snowman Centerpieces
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Snowman Centerpieces
 3:30 pm— Snack
 4:00 pm— Departure



28 BBQ Chicken ***Beautician***

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Minister Gunn
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Christmas Ornaments
 3:30 pm— Snack
 4:00 pm— Departure



29 Pot Roast

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Christmas Pallet
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Christmas Pallet
 3:30 pm— Snack
 4:00 pm— Departure



30 Pork Loin

9:45 am— Fun Facts & Trivia
 10:00 am—Music
 11:00 am— Christmas Decorating
 12:00 pm—Lunch /Rest
 1:30 pm— Exercise/Walking
 2:00 pm— Reminisce Corner
 2:30 pm— Christmas Decorating
 3:30 pm— Snack
 4:00 pm— Departure



ATTENTION CAREGIVERS

Join Us
 Friday November 17th

10am- Annual Caregiver Meeting
 11am- Caregiving Through The Holidays
 12pm- Thanksgiving Luncheon
 Please RSVP 336-347-2328

LEAF Center News

Taking Reservations

Personal Care Services Available
Per Episode

Bathing with 1 staff person assist- \$10

Bathing with 2 staff person assist- \$15

Hair washing without bath- \$8

Shaving-\$5

Hair tweezing/grooming-\$3

Manicure by licensed professional-\$20

Beautician available (see below)

Dates to Remember

Friday, November 10th- *Manicurist on site, call for reservation (cash only)*

November, 6th, 14th, 20th, 28th - *Beautician on site, call for reservation (cash only)*

Monday, November 13th- *Dementia Support Group from 1:30-3:30pm*

Wednesday, November 22nd- *Bookmobile*

Friday, November 17th- *10am- Annual Caregiver Meeting*

11am-Caregiving Through The Holidays presentation

12pm- Thanksgiving Luncheon

November Birthdays

Tripper 11/2 (30)

Sedalia 11/2 (83)

Virginia 11/16 (75)



DONATIONS NEEDED

Kleenex

Paper Towels

Paint Brushes

Tin Cans

Beautician Available

(all hair types)

Taking Reservations starting August 1st!

Priscilla Herdon

28 years of experience

Shampoo and Dry- \$10

Shampoo and Curl/Set- \$15

Shampoo and Cut- \$20

Shampoo, Cut, and Curl/Set- \$30

Men's Hair Cuts- \$10

Manicurist Available

Includes: cleaning, shortening, hand/arm massage,
heat wrap & polish. (\$20)

Cash only and reservations required

Meet the LEAF Center Team

Asheley Cooper.....Director

Marilyn Thompson.....Nurse

Alison Stevens.....Program Coordinator

Jo Ann Smith.....Program Assistant

Sonya Brewer.....Program Assistant

November Events @ L.E.A.F.

Attention Caregivers

Dementia Support Group for Caregivers

2nd Monday of Every Month: November 13th from 1:30-3pm

Friday, November 17th

10am-Annual Caregiver Meeting

11am- Caregiving Through The Holidays (presentation)

12pm- Thanksgiving Luncheon

PLEASE RSVP TO ALL ABOVE EVENTS 336-347-2328

LEAF Center is located at 104. N. Washington Avenue, Reidsville 336-347-2328